



JOSH GALT

Explorer · Entrepreneur · Seeker

73 Countries | 25 Years Building at the Edges | Host, Bad At My Religion Podcast

joshgalt.com
badatmyreligion.com
beeghee.energy
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ABOUT

I grew up in the wilds of Canada with no electricity or running water — fishing through the ice, curing salmon in our smokehouse, making goat cheese from the family pets, and fighting bears for saskatoons every spring.

That beginning set the trajectory. I've spent 25 years going to the edges of the world to understand how things actually work — first as an extreme whitewater athlete exploring rivers nobody had run before, then as an entrepreneur building at the intersection of regenerative agriculture, bioactive nutrition, and ancient food science. Along the way I've lived and worked across 73 countries, played basketball in the hinterlands of Cambodia, farmed wild boar on an island in the Mekong, been held by jungle tribes, and done business with foreign governments.

The thread connecting all of it: I'm obsessed with going to the source — whether that's a Class V river in Papua New Guinea, a monastery in Myanmar, or a fermentation lab in Xalapa.

CONVERSATION TOPICS

- **Adventure & Risk**
What extreme rivers teach about fear, decision-making, and reading situations in real time
- **Future of Food**
Regenerative agriculture, insect farming, ancient fermentation — the "Waste to Soil to Superfoods" vision
- **Faith & Philosophy**
The universal gap between belief and practice, explored across dozens of traditions and 73 countries
- **Global Entrepreneurship**
25 years of startups in emerging markets — what building across cultures teaches you
- **AI & Human Legacy**
The Conversational Living Library — using AI to preserve and share a life's body of work
- **Geopolitics from the Ground**
What the world actually looks like from inside it, not from an armchair

PREVIOUS APPEARANCES

- Bug Bacon? Leading an Entovegan Diet Movement
- "Secrets" to Sustainability Hidden in Plain Sight for Thousands of Years
- Transforming Agriculture with Black Soldier Flies (Apple Podcasts)

CURRENT PROJECTS

Bad At My Religion

Podcast exploring why people of every faith struggle to live their beliefs authentically. Interviews with religious leaders and devoted practitioners worldwide.

Beeghee

Hive-fermented™ superfood brand operating in Mexico. Insect agriculture meets ancient fermentation traditions — turning BSFL into bioactive human nutrition.

Conversational Living Library

AI-powered tool that lets people engage with someone's entire life's body of work through natural conversation. Built by Anabasis Intelligence.

CREDENTIALS

- Named one of "110 Outdoor Ambassadors of the Past 110 Years" by Gear Junkie
- Founded the World Riverboarding Association (first President)
- Water Director, Primal Quest — "World's Most Challenging Endurance Competition"
- Co-founded Point68 Insect Beauty — Best Skincare, LOHAS Hong Kong 2021
- Created the Entovegan movement — now a global community
- Sports/lifestyle model: Nike, Adidas, Men's Health

LOGISTICS

Format:	Remote or In-Person
Availability:	Weekdays & Weekends
Equipment:	Studio-quality mic + webcam
Languages:	English, Spanish
Location:	Mexico (flexible, global travel)